

Curriculum Vitae

Otto Albert von Arx

MBChB

MRCS

FRCS (Tr & Orth)

Consultant Orthopaedic Spinal Surgeon

Royal United Hospital Bath

Circle Health Bath Clinic

Sulis Hospital Bath

Severn Spine Network Board Member

British Orthopaedic Association Medicolegal committee

Medical Legal Expert

July 2024

CV Summary

Abbreviated CV

Mr O A von Arx

MBChB, MRCS, FRCS (TR & Orth)

Consultant Orthopaedic Surgeon

Royal United Hospital NHS Foundation Trust

NHS appointment- Local:

2007- present: Consultant Trauma and Spinal Orthopaedic Surgeon

2019-present: Clinical Lead for Spinal Surgery, Royal United Hospital, Bath

2022-present Associate Medical Director :Chief Clinical Information Officer , Royal United Hospital, Bath

2020-present Chair , Clinical Digital Network .RUH Bath

NHS appointment- Regional:

2016-present University of Bristol Y3 examiner and MDEMO Entrane examiner for medical school interviews

2016-present Clinical Lead for the Wider Participation Program for 6th Form students. RUH Bath

2019-present	Board Member Severn Spinal Operational Delivery Network (ODN) facilitating and shaping spinal surgical delivery in the Severn South West Spine Region.
2019-present	Cauda Equina policy working group , Severn ODN
2019-present	BSW ICS Clinical Design Authority for joint ICS EPR project

Speciality Appointments:

2015	BASS Annual International/National meeting host , Bath. BASS Executive member
2020-present	General Medical Council Practice and Medical Negligence Panel Expert.
2020-present	Royal College of Surgeons Appointments Assessor
2020-present	Advisory Committee for Clinical Excellence Awards .Department of Health and Social Care
2022-2024	Elected British Association Spine Surgeons Executive – 2022-2024.
2024 -present	Appointed Medicolegal committee British Orthopaedic Association

Associations /Memberships:

Bristol Medical Legal Society

BMA Member

BOA Member . Rejoined 2024

North American Spine Society Member

British Association of Spine Surgeons Member

Stewarts Law Screening Panel expert

Subspeciality Interests:

- Complex spinal surgery inclusive of cervical and lumbar pathology.
- The management of degenerative pathology in the cervical and thoracic spine inclusive of complex compressive disorders.
- Interest in the management of trauma to the spine.
- Cauda equina syndrome.
- Specialist interest in back pain in the adolescent athlete and young sportsman.

Training:

2007 Bristol Spinal Fellowship, North Bristol Health Trust.

2006 – 2007 AO Spinal Fellowship, Brisbane, Australia.

2006 – 2007 Research Fellow, Queensland University of Technology.

2001 – 2007 Specialist Registrar in Trauma & Orthopaedic Surgery, Severn Deanery.

2000-2001 Senior SHO Royal Hampshire Hospital , Winchester

1997 – 2000 Basic Surgical Training, Exeter.

1996-1997 Orthopaedic SHO Exeter

1995 RMO Nuffield Hospital Lancaster

1994 House Officer Rotation ,TygerBerg Hospital , Cape Town, South Africa

1987-1993 MBChB University of Stellenbosch , South Africa

Otto Albert von Arx

Telephone	NHS	01225 824219
	Private Practice	01761 422258
Nationality	British	
GMC Registration Number	4138642 (Full), 31/01/1995 Specialist Register	
Medical Indemnity	Premier Medical Protection	
Completion of Specialist Training	05/09/2007	
Entry Specialist Register	18/09/2007	

ICO reference

OTTO VON ARXRegistration reference: **ZA008303****Education**

Post graduate	Wessex Region T&O Training Programme	2001-2007
	Exeter Basic Surgical Rotation	1997-2000
University	University of Stellenbosch, South Africa	1987-1993

Academic Qualifications

FRCS (Tr & Orth)	Royal College of Surgeons of England	February 2006
MRCS	Royal College of Surgeons of England	December 1999
MBChB	Univ. of Stellenbosch, South Africa	November 1993

Prizes and Awards

AO Spinal Fellowship Brisbane [Synthes]	2006/2007
Jacques Duparc Award, Top ten presentation, EFORT, Lisbon	2005
Royal Devon Exeter Hospital Audit competition	2001

Orthopaedic and Trauma Appointments

Current Position

Consultant Orthopaedic & Spinal Surgeon

Royal United Hospital Bath

Bath Clinic

Sulis Hospital Bath

05 February 2009

Previous Appointments

Consultant Orthopaedic & Spinal Surgeon

Dorset County Hospital Foundation Trust

12 November 2007-31 January 2009

Spinal Fellow , North Bristol NHS Trust

1 August -6 November 2007

AO Spinal Surgery Fellow

1 July 2006 – 30 June 2007

AO Clinical Spinal Fellow

Dr R Williams, Dr G Askin, Dr R Labrom

AO Spine Reference Centre

Princess Alexandra Hospital, Brisbane, Australia

Brisbane Private Hospital, Australia

Mater Private Hospital, Brisbane, Australia

Mater Children's Hospital, Brisbane, Australia

Research Spinal Fellow

1 July 2006 – 30 June 2007

Queensland University of Technology

Dr B Goss PhD

Wessex Trauma & Orthopaedics Higher Surgical Training**August 2001- October 2007****Post- Membership Surgical Post:****Royal Hampshire County Hospital, Winchester: Senior SHO**

03/08/00 - 31/7/01

Basic Surgical Training Appointments

Royal Devon and Exeter Hospital: Senior House Officer 06/02/97- 02/08/00

Pre Registration Appointments

Tygerberg Surgical Rotation, Cape Town, South Africa : House Officer 01/01/94-31/12/94

Tygerberg Medical Rotation, Cape Town, South Africa : House Officer

Medical Legal Experience

I have been acting as medical legal expert including personal injury and medical negligence for 16 years – since 2008 .

My medical legal practice is split 70: 30 between claimant and defendant instruction .

My legal practice is split to 70% personal injury and 30 % negligence instructions.

Average yearly volume of instructed cases : personal injury 40-60 /annum

Average yearly volume of instructed cases : negligence 15-35 /annum

Court experience : 1 –

Training : Premex Medical Negligence basic and advanced training

 Premex Advanced Refresher training

 Inspire Law Bristol – Negligence conference 2018

 Inspire Law Oxford – Negligence Conference 2019

I have never received criticism in providing expert medical advice and have never been under limitation as a medical expert.

General Orthopaedic Experience

My basic surgical training in Exeter provided a balanced introduction and solid foundation in plastic, general and orthopaedic surgery.

The Higher Surgical Wessex Orthopaedic Rotation has enabled me to further expand and consolidate my experience in most sub-specialties within Orthopaedic Surgery. I have undertaken well balanced, supported research and audit projects during my training. This has culminated in local and international podium presentations and publications in peer reviewed journals.

Two years of my training has been dedicated to spinal surgery, exposing me to the full spectrum of adult and paediatric spinal surgery.

I completed my spinal training as the AO Spinal Fellow in Brisbane.

I have worked as a Consultant Orthopaedic and Spinal surgeon since October 2007. I play an active role in general trauma management and partake in an on call trauma rota receiving all trauma from a catchment area of around 500 000.

Trauma Experience

As a consequence of a well structured and supervised 6 years of training, I have acquired and developed a solid knowledge base and the appropriate surgical skills to successfully manage acute trauma.

I have been actively involved and taken the lead role in managing basic and advanced adult and paediatric upper limb and lower limb trauma, with a special interest and exposure to spinal trauma management.

I am currently employed as a Consultant with the Royal United Hospital Bath Trust and actively partake in the consultant led trauma service.

Spinal Surgery Experience

My principle interest is spinal surgery. Two six month spinal surgery placements afforded exposure to the full gamut of spinal practice. As a result, I have developed a sound underpinning of spinal surgical practice, including pre-operative, peri-operative and post-operative care of spinal trauma and elective surgical patients.

My AO Spinal fellowship delivered a comprehensive supervised and unsupervised pre-, peri- and post-operative management programme of spinal patients. The programme has provided extensive practical management of adult spinal trauma, adult degenerative pathology and paediatric deformity.

I have attained experience in:

- anterior cervical decompression and fusion
- posterior cervical instrumentation

- posterior thoracic instrumentation
- anterior thoracic reconstruction for trauma and tumour
- lumbar decompression
- lumbar discectomy
- postero-lateral lumbar instrumentation and fusion
- transforaminal lumbar interbody fusion
- anterior lumbar interbody fusion .
- paediatric deformity surgery
 - Including the use of growing rods
 - Video assisted endoscopic anterior deformity surgery

My current area of interest is in the effective utilisation of a multi-disciplinary team approach, particularly physiotherapy practitioners, for managing spinal surgery referrals and outpatient waiting lists and developing Spinal Surgical training and teaching.

I am a Severn Spinal Network Board Member and Severn Spinal Network Regional Governance Board member.

